



APPENDIX B – ILLNESS POLICY

In this policy, **'Participant'** includes board members, sport coordinators, members, volunteers and employees.

Activities and events include all meetings, zone programming, zone playdowns, registration, training sessions, all Games activities and events including the Community Awareness Event, Torchlighting, Opening Ceremony, accreditation, participant special events, volunteer appreciation event, Passing of the Flag ceremony, medal presentation ceremonies and all sport competitions.

1. Inform an individual in a position of authority (event organizer, coach or team manager) immediately if you feel any symptoms of COVID-19 such as fever, chills, cough, and shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, loss of appetite nausea or diarrhea.

See BC Centre for Disease Control website for a full list of symptoms: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms>

2. Assessment
 - a. Each Participant must review the self-assessment signage located throughout the facility each morning before their activity to attest that they are not feeling any of the COVID-19 symptoms.
 - b. If a Participant is unsure please have them use the BC COVID-19 self-assessment tool <https://bc.thrive.health/covid19/en>
 - c. Managers or coaches may visually monitor team members to assess any Participant to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the activity.
3. If a Participant is feeling sick with COVID-19 symptoms
 - a. They should remain at home and contact Health Link BC at 8-1-1.
 - b. If they feel sick and/or are showing symptoms while within the sport environment, they should be sent home immediately and contact 8-1-1 for further guidance.
 - c. No Participant may participate in an activity if they are symptomatic (zero tolerance).
4. If a Participant tests positive for COVID-19
 - a. Follow the direction of health officials
5. Quarantine or Self-Isolate if:
 - a. You have travelled outside of Canada within the last 14 days.
 - b. You have come into close contact with someone who has tested positive for COVID-19.
 - c. You have been advised to do so by health officials.

*BC Seniors Games Society COVID-19 response - Protocols and Guidelines
Illness Policy*

