



Year **2020**

Zone _____

TRACK AND FIELD SPORT FORM

Revised November 2019

Registrations must comply with sport specific rules and the General Rules Book.

Please complete one form per participant.

Age Categories – Men and Women

55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94 95-99 100+

Please print - Fill in the preferred first name and last name of the participant as printed on their registration form.

Name: _____	
Your age on 1 st day of competition (Sept 16/20) _____ Are you a current member of BC Athletics? Yes No (circle)	
Men's events <input type="checkbox"/> Women's events <input type="checkbox"/>	
<p style="text-align: center;">Enter times:</p> <input type="checkbox"/> 50m _____ : _____ . _____	<input type="checkbox"/> Long Jump
<input type="checkbox"/> 100m _____ : _____ . _____	<input type="checkbox"/> High Jump
<input type="checkbox"/> 200m _____ : _____ . _____	<input type="checkbox"/> Triple Jump
<input type="checkbox"/> 400m _____ : _____ . _____	<input type="checkbox"/> Discus
<input type="checkbox"/> 800m Please use correct format Min : Sec . 10th of sec	<input type="checkbox"/> Javelin
<input type="checkbox"/> 1500m	<input type="checkbox"/> Shot
<input type="checkbox"/> 5000m	<input type="checkbox"/> Hammer Throw
<input type="checkbox"/> 10K Road Race	<input type="checkbox"/> Weight Throw
<input type="checkbox"/> 3000m Power Walk (M &W 80+)	<input type="checkbox"/> Pole Vault
<input type="checkbox"/> 5000m Power Walk (M & W 55-79)	<input type="checkbox"/> Pentathlon
<input type="checkbox"/> 1500m Race Walk	<input type="checkbox"/> Throws Pentathlon
Please indicate if you are interested in Relay. NOTE: Relay teams will be assembled during the Games.	
<input type="checkbox"/> 4x100m Relay	<p>Each zone may send an unlimited number of participants per age category. MAXIMUM of 8 individual events that a participant may enter. Multi-events (Pentathlon/Throws Pentathlon) will be considered as one event. A participant may enter either or both multi-events but no other individual events on that day.</p>
<input type="checkbox"/> 4x100m Mixed Relay (2M/2W)	
<input type="checkbox"/> 4x400m Relay	
<input type="checkbox"/> 4x400m Power Walk Relay	