



Year \_\_\_\_\_

Zone \_\_\_\_\_

# SWIMMING SPORT FORM

Entries must comply with the 55+ BC Games Sport Specific Rules and the BCSGS Rules and Policies

Category: 55-59  60-64  65-69  70-74  75-79   
80-84  85-89  90+

Please print

Preferred First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Enter participant's MSABC # here if applicable:

**Men's Events**

*A swimmer is limited to a maximum of 6 individual events*

**Women's Events**

*and no more than 3 individual events per day*

Enter Times

25 m Backstroke

25 m Breaststroke

25 m Butterfly

25 m Freestyle

50 m Backstroke

50 m Breaststroke

50 m Butterfly

50 m Freestyle

100 m Backstroke

100 m Breaststroke

100 m Freestyle

200 m Freestyle

400 m Freestyle

800 m Freestyle

100 m Individual Medley

200 m Individual Medley

Please use correct format

Min : Sec . 10<sup>th</sup> of sec

**Note:** Zone Relay teams will be assembled during the Games