



55+ BC Games

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Dragon Boat Racing

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- 1. Categories:** Women 55 +
Mixed 55 +

2. Events:

Racing will commence no later than 8:30 am and finish by 4:30 pm. on Thursday and Friday. Should there be more teams that can be accommodated in two days, the Host Chair in consultation with the Rules Committee shall start competition on the Wednesday or complete competition on the Saturday.

3. Participation:

- (a) An unlimited number of teams per zone.
- (b) Teams consist of a minimum of 22 to a maximum of 26 names and stated on the roster.
 - (1) a drummer, a steerperson and 20 paddlers
 - (2) one member of the team must be designated as the Team Captain or as Team Manager.
 - (3) Women's Crews – the paddlers must be all women; the steerperson and drummer can be of either gender.
 - (4) Mixed Crews - must be comprised of a minimum of **ten** female paddlers **or a maximum of ten male paddlers.**
 - (5) our committee recommends a minimum of four races if possible.

4. Competition:

The event will be run under Dragon Boat Canada rules:

- (a) Requirements:
 - (1) Boats – racing fleet that meets International Dragon Boat Racing standards.
 - (2) Paddles – Paddlers may supply their own paddles as long as all specific regulations are met.
 - (3) PFD's - Competitors may supply their own, provided that they are approved by Department of Transport (DOT), Canadian Coast Guard (CCG) OR Department of Fisheries and Oceans (DFO). Clearly visible PFD's are preferred.
- (b) Competition:
 - (1) Racing program will be organized into different Divisions, as determined by the BCSGS.
 - (a) **The number of divisions for mixed and women's teams (as in Division A, Division B, etc.)**

(b) The number of teams in each division depending on the number of teams entered in the Event

(c) Each division will consist of at least three teams.

- (2) Crew placements in initial heats and lane assignments shall be random or seeding. Subsequently, the standing of the crew will be determined either by order of finish or finish time. Each team will advance or be eliminated in accordance with the structure of the competition rounds.
- (3) Lanes will be allocated by placing the fastest team in lane 3, second fastest team in lane 2 and so on, alternating between the next outer vacant lanes.
- (4) If a team incurs a penalty and a time penalty is applied to the actual finish time, then the adjusted time will be used to alter the order of finish placement and the resulting standing of that team.

5. Medals: In each Division:

(a) Medals will be awarded to the top three teams of each division of the Mixed and Women's teams.

(b) In each division of the Mixed and Women's Teams

- (1) Lowest timed team shall win the Gold Medal.**
- (2) Second lowest timed team shall win the Silver Medal.**
- (3) Third lowest timed team shall win the Bronze Medal.**